

YOU ASKED...WE RESPONDED!

NEW IN 2020!

Clubhouse dining
is now offered on
SATURDAY EVENINGS
in January, February
and March!



Historically, during January, February and March of each year, the Club has been open only on WEDNESDAYS and FRIDAYS from 5:00 PM to 10:00 PM. We are excited to announce the addition of Clubhouse dining also on SATURDAYS from 5:00 PM - 9:00 PM.

We are using Saturday evenings as an opportunity to showcase the Club for prospective Members, giving them an opportunity to enjoy TCC dining and to learn about all our excellent amenities.

Please encourage those friends, family members and business associates who are prospective Members to utilize the Club on Saturdays in January, February and March.

As always, we look forward to welcoming our Members, prospective Members, your family and guests!

TCC CHEF'S TABLE: HEART HEALTHY START FRIDAY, JANUARY 17 • 6:30 PM Kick off the New Year with the talented Guest Chef from AVI Foodsystems, Chef Don Kraynak, for an intimate and elevated culinary experience featuring creativity with healthy ingredients transformed into deliciousness. Enjoy one-of-a-kind dishes with omega 3 fatty acids, nutrient-rich whole grains and antioxidant-filled berries, all accompanied with specialty beverages. Join Chef Don for this exclusive five-course meal with wellness in mind! CALL 330.372.4024 FOR RESERVATIONS! \$60 PER GUEST Event cancellation policy applies

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HAPPY NEW YEAR AT TRUMBULL COUNTRY CLUB!

Dear Members.

I hope you all had an opportunity to create some lasting memories at the Club in 2019! We are looking forward to serving each of you in 2020. It remains our goal to provide you with the best place to spend time and enjoy family, fellow Members and friends for planned events and impromptu gatherings.

This Winter, get out of the cold and enjoy the warmth of the Club! In the past, we have only been open on Wednesdays and Fridays in the Winter months, but we heard you! We are excited to announce that in January, February and March, the Club will also be open for evening dining on Saturdays as well! In addition, please keep in mind that the Club is always available for your private family, business or organizational events. Call me personally at any time to learn more.

This month, we also announce that Executive Chef Justin has resigned from TCC as a result of his desire to have a shorter commute in order to be closer to his family. Consequently, he has taken an opportunity with Spello Restaurant in Mars, Pennsylvania, which is very near to his home and family. We have been diligently working to identify exceptional new candidates and our goal is to hire a new Executive Chef as quickly as possible. In the meantime, we have plans to ensure a smooth transition while we identify the right Executive Chef for our Club. While we complete our search, AVI Foodsystems' newest culinarian, Executive Chef Reggie Giancola, will assume the role of Interim Executive Chef for TCC. He will be working with our culinary team to ensure our Members continue to receive the exceptional dining experience you have come to know and expect at your Club!

Reggie grew up in Niles, Ohio, and graduated from Niles McKinley High School. Following high school, he attended the Culinary Institute of America in Hyde Park, New York, earning a Bachelor of Arts degree in Culinary Arts Management. Please give Chef Reggie a warm welcome when you meet him at the Club!

Finally, I would also like to announce the departure of Daniel Palmer who served as TCC's Sales and Event Manager. Daniel's last day at TCC was January 4. Daniel has decided to pursue opportunities that will provide him with a more "regular" schedule which do not include primarily nights and weekends in order to fulfill his desire for a better work life balance. We are in the process of diligently conducting a search for our new Sales and Event Manager during this off-season and we look forward to welcoming this newest member of our team very soon! In the meantime, I will be the point of contact for any of your private event planning needs!

It has been a pleasure to work with both Justin and Daniel. Please join me in wishing them the best in their future endeavors.

We look forward to serving you,

Andrew Tuzzeo

General Manager, Trumbull Country Club



TCC MANAGEMENT TEAM CONTACT INFORMATION



ANDREW TUZZEO

General Manager 330.372.4024 x 105 Andrew@TrumbullCountryClub.net

AMBER WALLEY

Clubhouse Manager 330.372.4024 x 104 AWalley@AVIFoodsystems.com

REGGIE GIANCOLA

Interim Executive Chef 330.372.4024 x 118

CORY PAGLIARINI

Director of Membership 330.372.4024 x 120 Cory@TrumbullCountryClub.net

JASON HASTINGS

Head Golf Professional 330.372.5127 Jason@TrumbullCountryClub.net

NICK PROVINCE

Golf Course Superintendent 702.466.5565 Nick@TrumbullCountryClub.net

RODNEY ALLAN

Lead Personal Trainer at VIBE Fitness Studio 330.834.7333 RodneyTCCVibe@gmail.com

JACKIE PAKOS

Office Manager 330.372.4024 x 101 JPakos@AVIFoodsystems.com

2020 BOARD OF DIRECTORS

MATT NATALE, President
ANTHONY PAYIAVLAS, Vice President
KEVIN MURPHY, Secretary
NICK ODILLE, Treasurer

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MATT DIETL, House Committee Co-Chair

JOHN HYRE, Membership Committee Chair

GEORGE KASSOS, Pool Committee Co-Chair

KIM PHILLIPS, Greens/Grounds Committee Chair

IN SYMPATHY The TCC family would like to express our condolences to Dr. Thaddeus McGuire

condolences to Dr. Thaddeus McGuire and his eight children on the passing of Mrs. Kathleen McGuire.

On December 4, 2019, Trumbull Country Club lost one of our longest standing Members.

Mrs. McGuire had a wonderful history with the Club as she and Dr. McGuire joined TCC in 1965. Over the decades, she showed tremendous support for the Club and participated in many events and activities.

She was a past President of the TCC Ladies' Golf Association and was an avid swimmer at the Club. She was always so pleasant to be around and everybody at TCC truly enjoyed being with her.

We will all miss her very much.

CELEBRATE WITH YOUR VALENTINE AT THE CLUB!



TREAT YOUR SWEETHEART TO A ROMANTIC DINNER, A CUPID'S GIFT BASKET OR BOTH!



Valentine's Day Dinner at the Club





FRIDAY, FEBRUARY 14 • BEGINNING AT 5:00 PM

Celebrate Valentine's Day at the Club!

We'll be featuring specials fit for Kings and Queens, in addition to our regular dining menu!

To make the night extra special, Members will also enjoy live entertainment.

CALL 330.372.4024 TO MAKE YOUR RESERVATIONS!

Cupid's Gift Baskets

Forget the flowers ... we're delivering delicious Berries and Bubbly gift baskets for our Members!

BERRIES & BUBBLY GIFT BASKETS

Each basket will feature
6 Chocolate Covered Strawberries and
a bottle of Canella Prosecco for \$40 OR
12 Chocolate Covered Strawberries and
a bottle of Canella Prosecco for \$50!

We'll deliver them on Friday, February 14 at your requested time!

Order one for your sweetheart by calling 330.372.4024 to place your order!







MEMBERS ARE ENJOYING TCC'S NEW WINE LIST

The New Year is here! And so is TCC's new wine list!
Start 2020 off right with aromas from Italy, France,
California and more. Our new wine list introduces a blend
of familiar flavors along with exotic specialties
to exhilarate your taste buds.

Our seasonal menu pairings will perfect your dining experience as you enjoy Member-preferred blends such as Maison Joseph Drouhin Macon Villages Chardonnay from Burgundy, France and Scarpetta Barbera from Piedmont, Italy.

We've also included several unvisited selections if you choose to indulge into the forbidden fruits such as Fattoria Del Cerro Chianti Colli Senesi and Vietti Roero Arneis.

Be sure to enhance your dining experience with one of our new selections! The TCC team is eager to share our new wine list with you so you can select from all of the rich and intense flavors the Club has to offer.



MEMBERSHIP



WELCOME!

Please join us in extending a warm welcome to our newest Members!



NEW GOLF MEMBERS

Terry & Lisa Fowler John & Janet Ruberto

NEW SOCIAL MEMBERS

Jack & Joan Lorenzetti
Fred & Janet Schweitzer
Tina and Jeffrey Williams-Brandon

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As of 1/15/20

MEMBERSHIP (cont'd)



2020 WILL BE THE BEST YEAR EVER AT TCC!

Hello Friends,

The holiday season is officially complete and I hope everyone enjoyed your family and friends during this festive time of the year. As we embark on a new decade, we should reflect on the past and be optimistic about the future. The Club is entering its 105th year of existence and I hope to make it the best year yet.

Be sure to start your new year at the Club to enjoy food, spirits and friends. We have some exciting dinner features, signature cocktails and a great new selection of wines waiting for you to enjoy.

Starting in January, we are going to remain open for Clubhouse dining on Saturday evenings. The idea behind this is two-fold; primarily we want to offer our existing Members another opportunity to enjoy your Club while also offering prospective Members the chance to experience the Club firsthand. It is my hope that you will see new faces dining with us, and when you do, be sure to say hello and offer a warm welcome. Let's share our Club experience with others in our community in order to reach our Trumbull 400 goal.

We have made some positive strides with membership growth and "Trumbull 400" is the ultimate goal. With your continued support and assistance, I am certain we will reach our number.

Thank you for being a Member of the best Club in the Valley.

See you at the Club,

CoR Pala

Cory Pagliarini Director of Membership, Trumbull Country Club



Help Us Grow!

The Club has a very ambitious goal to grow our 2020 membership to 400 Members. We are asking for your help. We are currently only 50 Members away from our goal.

We kindly ask that you help spread the word to your family, friends and business associates about all TCC has to offer.

We are not asking that you do the selling, but positive word of mouth spreads very quickly in a community like ours. If you know anyone who expresses an interest in joining the Club or would be a great addition to the Club, please provide their contact information to Cory Pagliarini, Director of Membership, and he will do the rest.

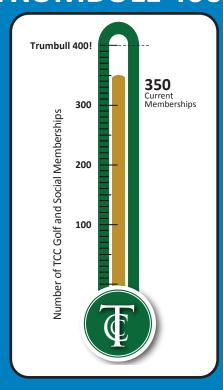
As a thank you for your efforts, for each approved membership, you will receive a 10% dues credit for the remainder of the Club year.

It is our goal to provide the best Club experience to you, now and in the future. In order to enjoy a top-notch Club, we all must do our part. Let's join together in maintaining the long-term financial stability of the Club by reaching our goal of 400 Members.

As always, thank you for being Members at the best Club in the Valley!

CALL CORY PAGLIARINI AT 330.372.4024 FOR MORE INFORMATION!

TRUMBULL 400!





FITNESS STUDIO
AT TRUMBULL COUNTRY CLUB

NEW YEAR, NEW YOU!

2020 GET HEALTHY CHALLENGE READY WHEN YOU ARE!

Begins any day in January 2020 • Final Weigh-In is 26 days after you begin

Rodney Allan, our Lead Personal Trainer at TCC's VIBE Fitness Studio, will lead this one-of-a-kind program designed especially for you. The **Get Healthy Challenge** 26-day program will provide tools to jump start a healthier and more active lifestyle. During this 4-week program, you will learn about building healthy habits that will have a positive impact now and well into the future.

The special program includes:

- Personalized weekly meal plans Daily motivational messages to keep you on track
 - Wednesday accountability huddles Saturday weigh-ins Saturday special events
 - Before and after progress photos Before and after measurements
 - Herbalife nutritional supplements valued at \$200 (Formula 1 Meal Replacement, Cell-U-Loss, Tea and Aloe)

\$250 per Member • Contact Rodney Allan at 330.834.7333 or rodneyTCCvibe@gmail.com.

WEEKLY CLASS

SCHEDULE

HOURS OF

OPEN DAILY 6:30 AM - 9:00 PM

MONDAY

SCULPT 5:30 PM - 6:30 PM

TUESDAY

PILATES 12:15 PM - 1:15 PM

BARRE LATTES 5:30 PM - 6:30 PM

WEDNESDAY

YOGA 12:00 PM - 1:00 PM

MAYHEM 5:30 PM - 6:30 PM

THURSDAY

PILATES 12:15 PM - 1:15 PM

CHAOS 5:15 PM - 6:15 PM

FRIDAY

STRENGTH & STRETCH 12:00 PM - 1:00 PM

All classes are FREE for TCC Members!

Contact Rodney regarding any questions or concerns: 330.834.7333 or RodneyTCCVibe@gmail.com

TCC FEATURED ON WFMJ TV MORNING SHOW!



Our very own Rodney Allan, lead personal trainer at TCC's VIBE Fitness Center, and Cory Pagliarini, TCC's Director of Membership, were guests on WFMJ's early morning show on New Year's Day. WFMJ's Malaynia Spiva, Out & About reporter for WFMJ Today and WFMJ Weekend Today, took a tour of the facility and also talked about opportunities to join Trumbull Country Club. In case you missed it, visit WFMJ.com, type "VIBE" in the search option and click "Go".

CLASS DESCRIPTIONS

BARRE-LATTES taught by Dorine Owens

Divide your time between the bar and the mat for a whole-body toning workout. Be fit.

CHAOS taught by Lori Butler

Consistently inconsistent! Chaos is a group fitness class involving a wide variety of different fitness styles every week. Constantly varied movements and styles including HIIT, sculpting and more. Embrace the Chaos! All fitness levels welcome. **Be strong. Be fit.**

MAYHEM taught by Lori Butler

Super sets using kettlebells and dumbbells with cardio infused for a total body workout. Be strong.

PILATES taught by Patti Ciferno

Pilates mat exercises engage and strengthen the deeper ab muscles responsible for a sleek, flat stomach. It can also give you exceptional whole-body toning and graceful posture, plus make your daily activities easier to do. **Be calm. Be fit.**

SCULPT taught by Marilyn Davis

Sculpt is a strength-building, muscle toning, stretching workout method performed in a class setting. Be strong. Be fit.

STRENGTH & STRETCH taught by Dorine Owens or Sharon Jarvis

This class strengthens and stretches your entire body. Using body weight, free weights, pilates, yoga and stretching/relaxation exercises to leave you feeling strong and relaxed! **Be calm.**

YOGA taught by Dorine Owens

A moderately paced Vinyasa flow class where you build yoga foundations and are pushed to your "edge." Modifications offered to make the practice accessible to all. **Be calm.**



FROM THE PRO

The Golf Season Favors the Prepared

Welcome to 2020! While not much golf is being played just yet, I would like to go over five ways to strengthen your game and mind for the upcoming season.

- 1. **Indoor Putting Practice** Pick the shortest carpet or smoothest hardwood floor in your home and groove your putting stroke. My recommendation is to take two books placing them just outside the width of your putter blade. Practice making strokes without allowing your putter blade to touch the book helping to ensure a solid center strike with a fluid straight back and straight through putting stroke.
- 2. **Work on Your Flexibility** Spend 5-10 minutes at least 5 days a week on your stretching. Two of my favorites are sitting with my back and butt against a wall with legs extended flat along floor pointing toes to the sky. This will work wonders for those with tight hamstrings and calves. Secondly, take a golf club or long pole and place behind your lower back and arms while working on rotational torso movement. This stretch will help you to better maintain your posture and regain those extra few mph of clubhead speed.
- 3. **Read, Watch & Learn** There are tons of golf publications such as magazines, books and YouTube videos to help educate amateur golfers on different aspects of the game. Better understanding the basic fundamentals of the golf swing can help you diagnose and fix any imperfections in your game. Feel free to contact me with any questions or clarification that you may encounter during your studies.
- 4. **Get a Grip** Having gone through the bag room extensively this off-season, it is easy to see many of our golfing members could use a fresh set of grips on their clubs. Our grip on the Club is the most important element of making a consistent swing; therefore, don't start the season with faulty equipment; invest in new grips.
- 5. **Have a Plan for 2020** Whether you are picking up golf for the first time or trying to get your golf handicap down into single digits for the first time, it is always important to set goals with steps and a timeline to achieve those goals. My suggestion would be to write 5-10 measurable goals in the note section of your smart phone so you can circle back at the end of the season and check your progress.

Examples of these goals can be:

- Break 80, 90 or 100 for the first time
- Make a natural birdie on my own
- Win the TCC Club Championship
- Play 10, 25, 50 rounds of golf
- Take at least 3 golf lessons

Studies have shown that writing down your goals can make you 1.4 times more likely to accomplish these goals.

Spring will be here before you know it and as this article states, "The Golf Season Favors the Prepared." I am encouraging everyone to take the time this off-season to put in the work and preparation so that the transition back to golf season will be seamless!



Jason Hastings Head Golf Professional, Trumbull Country Club



JANUARY GOLF SHOP HOURS OF OPERATION

By Appointment Only Please contact Jason Hastings for assistance.

Phone: 302.236.9680 Email: Jason@trumbullcountryclub.net

TOM & JERRY EXTRAVAGANZA...

NEARLY 400 ATTENDED!!



The 2019 Tom & Jerry Extravaganza was a record breaking success with nearly 400 Members and your guests enjoying the absolutely wonderful festive event! All enjoyed the creative and delicious food stations presented by our outstanding Culinary team along with signature Holiday cocktails.

Entertainment was provided by the engaging DJ Tom Angelo and the get-up-and-dance sounds of the Tommy Chris Band.

So much laughter, so many smiles and glowing compliments about the evening...TCC knows how to celebrate! A special THANK YOU TO ALL for making this Club event part of your Holiday festivities!

































BRUNCH WITH SANTA WAS MAGICAL! November 30

November 30, 2019

The Holidays at TCC have never been so festive! The Club hosted more than 40 Members for our annual Santa Brunch. Families fully enjoyed spending quality time with special guests, Mr. and Mrs. Claus. Hearts were warm with the spirit of giving, and Holiday cheer was spread! From delicious food to painting ornaments and even decorating gingerbread cookies, it was a fun-filled afternoon to remember!







December 8, 2019

TCC'S ANNUAL

CANDLELIGHT DINNER WAS ENCHANTING!

More than 70 Members and their guests joined us for TCC's Annual Candlelight Dinner. Everyone enjoyed a wonderful dinner, an excellent performance by the Warren G. Harding Madrigals and the warmth of family and friends!

A special thank you to all who attended this time-honored TCC tradition!





NEW YEAR'S EVE CELEBRATION

A NEW DECADE: WELCOME 2020!

December 31, 2019

On New Year's Eve, the Club warmly welcomed over 160 Members and your guests to make memories while sending off 2019. The special menu, along with live music, festive decorations and hats and horns, made the night extra fun.

We're excited to serve our valued Members and your guests in 2020!







JANUARY CLUBHOUSE DINING HOURS



TCC OFFICE HOURS

MONDAY – FRIDAY: 9:00 AM – 5:00 PM 330.372.4024

Our friendly office team is available to assist you in any way, whether it be to make dining or event reservations, answer membership or billing questions or simply to field any general inquiries!

For questions, comments and concerns, please call TCC's

24-HOUR SERVICE HOTLINE! 330.574.1884

A FRIENDLY REMINDER REGARDING FOOD AND BEVERAGE MINIMUMS:

Your membership at TCC requires very modest food and beverage minimums. The minimum amount is \$150 per quarter excluding tax and gratuity. All food and beverage purchases made through Clubhouse dining, carry-out, as well as Club events, are applied to the \$150 quarterly minimum. Additionally, any private events hosted at the Club will be applied toward your minimum.



Get Social@TrumbullCountryClub!

Visit TCC's Facebook page and follow us on Instagram! We're posting Club updates, special events, Member information, photos and more! Like us and share us with your friends and followers.



MAKE YOUR SPECIAL OCCASIONS MEMORABLE AT TCC!

Looking for that perfect place to host your next special event? Look no further than TCC! We offer exquisite dining that is second to none, inspiring views of our beautiful grounds and an incredible service team that takes the time to plan and meticulously execute the finest details to ensure that your event is a unique and memorable one!

Please think about your upcoming family gatherings and special occasions. It's never too early to plan for every season's holiday events! Prime dates are available, but call today because the Club is the hottest place around for hosting special events!

Call Andrew Tuzzeo, General Manager, at 330.372.4024 to get started.

TCC's creativity, attention to detail and event planning expertise will bring your vision to life!



KEEP CURRENT WITH CLUB EVENTS!

We want you to be informed about upcoming Club events, dining specials, Club news, announcements and so much more!

Please let us know of any changes in your address, phone numbers or email address by calling the TCC office at 330.372.4024. We want to be sure all Members are receiving communications from the Club.



AT-A-GLANCE CALENDAR

JANUARY 2020

Every Wednesday • Clubhouse Dining from 5:00 to 10:00 PM
with Hot Diggity Dog Wednesdays and Wine Down Wednesdays

Every Friday • Clubhouse Dining from 5:00 to 10:00 PM
with Spectacular Strombolis and Frothy & Fabulous Fridays

Friday, January 17 • Chef's Table: Heart Healthy Start to the New Year • 6:30 PM

Every Saturday • Clubhouse Dining from 5:00 to 9:00 PM

FEBRUARY 2020

Every Wednesday • Clubhouse Dining from 5:00 to 10:00 PM
Every Friday • Clubhouse Dining from 5:00 to 10:00 PM
Every Saturday • Clubhouse Dining from 5:00 to 9:00 PM
Friday, February 14 • Valentine's Day Dinner • 5:00 PM
Friday, February 14 • Cupid's Gift Basket Delivery
Friday, February 21 • Chef's Table: An Aphrodisiac's Delight • 6:30 PM
Tuesday, February 25 • Fat Tuesday Mardi Gras Party • 6:30 PM

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VIBE WEEKLY CLASS SCHEDULE

MONDAY

SCULPT

5:30 PM - 6:30 PM

TUESDAY

PILATES 12:15 PM - 1:15 PM

BARRE LATTES

5:30 PM - 6:30 PM

WEDNESDAY

YOGA 12:00 PM - 1:00 PM

MAYHEM

5:30 PM - 6:30 PM

THURSDAY

PILATES

12:15 PM - 1:15 PM

CHAOS

5:15 PM - 6:15 PM

FRIDAY

STRENGTH & STRETCH 12:00 PM - 1:00 PM